

2015 Shoulder to Shoulder Speakers & Presentations



PRE-CONFERENCE EVENT 5:30 PM - 8:00 PM

▣ Bridge Meadows: Bridging the Generations One Community at a Time - A Model Supporting Permanency for Foster Youth

Downstairs
Ballroom

Sunday, October, 25, 2015

Cost: \$20*

**Separate Payment is required for the Pre-Conference Event*

Please come network, enjoy wine, sparkling cider, appetizers, dessert and inspiring speakers.

Bridge Meadows is an intentional and innovative community where foster youth gain permanency with forever families; adoptive parents receive support in raising healthy families; and elders re-engage in a purpose-filled life. Built from the ground up in Portland, Oregon, Bridge Meadows is an intergenerational housing community created to address specific, unmet needs in a holistic, creative, and sustainable way. With the community itself serving as the intervention, Bridge Meadows brings children, families, and elders together within a vibrant community where connection across generations is the key to well-being.

One of the core elements of Bridge Meadows is active community engagement. Senior residents of Bridge Meadows volunteer - sharing their gifts, talents and passion with the purpose of enriching their lives and those of the community. Bridge Meadows recognizes that active engagement addresses issues related to isolation, depression, and lack of meaning, all of which negatively affects senior health. By focusing on belonging and connection, elders are able to live an enriched life with meaning and purpose, while providing enriching relationships to adoptive families.

Learn about how bringing three generations together positively affects health, academic success, housing stability and permanency for foster youth. The presenters will share how the community came to life, the implementation of programming,

Speaker(s): Derenda Schubert, Ph.D. and Renee Moseley, LCSW

Derenda Schubert, Ph.D. is a psychologist with professional experience including counseling children and families as well as creating and managing programs in the realms of foster care, mental health and developmental disabilities. Derenda has been the Executive Director of Bridge Meadows since 2007, and was also a prior Board Member of the organization. Before joining the Bridge Meadows team she was the Chief Operating Officer of Trillium Family.

Renee Moseley, LCSW joined Bridge Meadows in 2010 and is the Associate Director. She manages all aspects of program services, including the senior volunteer component, and oversees the day-to-day operations of the organization. Prior to joining Bridge Meadows, Renee provided program management to county and community based agencies in Los Angeles, California focused on child welfare and HIV/AIDS services. Renee received her Master of Social Welfare from UCLA.

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MORNING KEYNOTE 8:30 - 10:00 a.m.

▣ Helping Children Heal: A Love-Based Approach to Working with Traumatized Children Main Ballroom

[View Handout](#)

We often underestimate the impact of early life experiences on a child's development. Unpredictable, unstructured, emotionally or physically hurtful experiences can create heightened states of autonomic arousal, anxiety, depression, mood changes, irritability, agitation, non-reality thinking, and a general pattern of disorganized behaviors. Tokens and other non-effective behavioral strategies not only do not work, they often make it worse for these children as this is a developmental trauma issue, not a behavioral issue. A therapeutic, love and relationship-based approach is needed to help these children heal within their family environments. Explanations of how to do this from a scientific brain-based perspective will be explained and demonstrated in this keynote address.

Speaker(s): Heather T. Forbes, LCSW

Heather Forbes is the owner of the Beyond Consequences Institute. Forbes has worked in the field of trauma and healing since 1999. She is an internationally published author on the topics of raising children with difficult and severe behaviors, the impact of trauma on the developing child, adoptive motherhood, and self-development. Coming from a family of educators, Forbes has a heart for children in the classroom and for finding ways to teach the child that seems "unteachable." Her signature style is to bridge the gap between scientific research and real-life application to equip parents, educators, and therapists with practical and effective tools. Much of her experience and insight on understanding trauma, disruptive behaviors, and adoption-related issues comes from her direct mothering experience of her two adopted children.

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LUNCH/ AFTERNOON KEYNOTE 12:00 p.m. - 1:30 p.m.

Embracing the Power of Diversity

Main Ballroom

There is great vitality and power in diversity. It is a key characteristic of successful organisms and organizations. Diversity has long been a visible and viable characteristic of the American society. In the general concept of racial and ethnic diversity there have always been a large number of racial and ethnic groups in America. "Diversity seems omnipresent in the history of this society." *Joe R. Feagin* It remains an important quality of American society. Learning about diversity is a process, where the multi-dimensional aspects and different characteristics of diversity intersect. Effective cultural competence includes both intellectual and experiential learning. It is important to remember that change is challenging for human beings. We can celebrate diversity daily, but until diversity is part of our government, our businesses, our schools, our police forces, our communities and our families, it can be a token and often painful exhibition performed for the sake of the larger community. In order to recognize and capitalize on the incredible power of diversity around us, to develop and maintain cultural competence, we must engage in ongoing learning and growth.

Speaker(s): Johnny Lake, Ph.D.

Johnny Lake is an internationally recognized educator, writer and storyteller and works with a broad section of the community. He is a consultant, trainer and speaker certified in working for youth and adults. He teaches courses for teacher and counselor preparation programs at Northwest Christian University. He is an Administrator on Special Assignment with the Eugene 4J school district and an advocate for needs of at-risk youth and provides teacher training institutes and student learning opportunities.

Dr. Lake holds a bachelor's degree in history from Willamette University. He has a Masters in educational leadership and administration and received his Ph.D. in educational leadership, policy, management and organization. He is also an administrator on special assignment with the superintendent in the Eugene, OR 4J School District. Dr. Lake is a former chairman of the State of Oregon Commission on Black Affairs.

And finally, he is the grandson of Leonia Patrick of Tennessee, the first storyteller he ever knew.

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SESSION A10:15 a.m. - 11:45 a.m.

▣ Helping Children Heal: A Love-Based Approach to Working with Traumatized Children Multnomah

[View Handout](#)

Picking up from the keynote address, this breakout session will continue to further develop the principles to demonstrate “how” to move from trauma to recovery will be given through DVD clips, role-plays, and case-examples. Participants will gain a deeper “when the rubber hits the road” understanding. A time for questions and answers will be allocated to help participants understand how to integrate this information into their own specific situations.

Speaker(s): Heather T. Forbes, LCSW

Heather Forbes is the owner of the Beyond Consequences Institute. Forbes has worked in the field of trauma and healing since 1999. She is an internationally published author on the topics of raising children with difficult and severe behaviors, the impact of trauma on the developing child, adoptive motherhood, and self-development. Coming from a family of educators, Forbes has a heart for children in the classroom and for finding ways to teach the child that seems “unteachable.” Her signature style is to bridge the gap between scientific research and real-life application to equip parents, educators, and therapists with practical and effective tools. Much of her experience and insight on understanding trauma, disruptive behaviors, and adoption-related issues comes from her direct mothering experience of her two adopted children.

▣ Strategic Responses to Aggression, Bullying and Conflict: A Systems Approach to Prevention and Protection Clackamas

This interactive presentation includes an examination of the multiple causes of peer aggression in youth with a significant emphasis on vulnerability factors (including personality traits, coping skills, cultural factors, and varying degrees of abilities). Together, we will investigate the entire spectrum of peer aggression and discuss how youth become susceptible to each of the many forms of aggression. We will discuss prevention and protection measures to ensure that youth are best equipped to manage peer aggression, and we will discuss the emotional and psychological experiences of both the aggressors, the aggressed-upon, their friends and loved ones.

Speaker(s): Lisa Aasheim, Ph.D., LPC

Dr. Lisa Aasheim is an Associate Professor at Portland State University in the Counselor Education program. She is the coordinator of the School Counseling Program and is the Director of the Community Counseling Clinic where she trains Masters level counselors across four specialties. Dr. Aasheim is a tireless advocate for children and the optimal childhood and family experience. She spends most of her leisure time exploring the world, giggling, and creating art with her biggest inspiration, her seven-year old daughter Madeline.

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☐ Bio Hazard: Birth Family Relationship Panel

Clark

“Once I was on my own reconnecting with my bio family consumed me - it was all I could think about” – FosterClub California Youth Ambassador

Dealing with bio-family can be confusing, heart-wrenching and chaotic for youth, while in care and after transitioning out. Similar to bio-hazardous materials, relationships with bio-family members sometimes require special care and handling or they can become devastatingly destructive. Join the FosterClub All-Stars as they share the wisdom they’ve gained in managing their own bio family relationships while in care and transitioning out.

Speaker(s): Shelly Field and FosterClub All-Stars

Shelly Field earned her Bachelor of Science in Psychology from Oregon State University. After spending five years working in residential treatment with both adolescents and latency age children, Shelly began working for DHS in 1998. Shelly worked as a permanency worker from 1998 to 2004. Shelly transitioned to working as a Consultant, Educator and Trainer in 2004. She worked primarily with an adolescent unit. Part of her job duties included consulting on difficult cases, assisting caseworkers with presentation skills and finding appropriate resources and training new workers on the ins and outs of child welfare work. In 2007, Shelly became a supervisor at DHS child welfare. She initially supervised an adolescent unit and then transitioned to a permanency unit, focusing primarily on younger children. In 2013, Shelly joined the staff at Portland State University Child Welfare Partnership. Her primary duty at the Partnership is providing aspects of Core training to newly employed caseworkers. She also coordinates other specialized training and is on the planning committee for the West Coast Trainer's Conference.

The **FosterClub All-Stars** is an Internship Program providing leadership and service opportunities to young people ages 18-24 who have spent their formative years in foster care. For these young adults, who have beaten the odds and thrived in spite of difficult circumstances, the All-Star internship is an opportunity to communicate their unique perspectives and share their resilient spirits with their younger peers still struggling through foster care. In addition to participating in dozens of youth events across the country over the summer, the FosterClub All-Star Interns advocate for system improvement and promote public awareness nationally throughout the year.

☐ Honoring Attachment Within the System – Grief and Loss in Early Childhood

Washington

[View Handout](#)

This workshop will address the significant realities of grief and loss, and the influence these experiences have on attachment and bonding for young children. We will explore the primary clinical and systemic impacts on children 0-5 years of age, as well as realistic solutions to addressing them. We will demonstrate that proactive early intervention around grief and loss, attachment, stabilizing placements, transitioning children, permanency, and repairing a tough start can significantly diminish the challenges young children face in foster care. This workshop is designed for child welfare social workers, CASAs, professional foster caregivers, and providers who specifically work with younger foster children.

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Speaker(s): Kristie Baber, MSW, LICSW

Kristie Baber, MSW, LICSW has been a practicing clinician for fifteen years, and runs Lodestar Therapy, LLC - a specialized private practice in Seattle, WA. She works with both adults as well as very young children around issues of trauma, attachment, loss and meaning. Kristie created the CHERISH Infant Mental Health Program now utilized throughout King County's neurodevelopmental centers to serve our littlest foster children.

Kristie is adjunct faculty in the ATTACH-recognized post-graduate Attachment Therapy Certificate Program through Cascadia Training, and sits on the Advisory Board for the University of Washington's post-graduate Psychological Trauma Certificate Program. She teaches regularly at adoption agencies and child welfare divisions, as a field and classroom instructor at the University of Washington School of Social Work, and trains professionals of varied disciplines at national conferences including the Child Welfare League of America and the Division of Early Childhood.

Kristie received a Bachelor of Arts Degree in Public Policy from Duke University and a Masters of Social Work degree from the University of Washington. Kristie is a Children's Mental Health specialist, has a post-graduate certification in Adoption and Foster Care Therapy, and a practice specialty of Infant & Early Childhood Mental Health & Development.

▣ Critical Thinking in Child Welfare

Zellerbach

[View Handout](#)

This presentation will discuss the habits of self- reflection and the organizational culture that supports critical thinking, and describe the impact of heuristic biases on critical thinking in child welfare settings using ideas and analysis from Daniel Kahneman's *Thinking Fast and Slow*. The presentation will also discuss how intuition can become a source of expertise, and how holistic pattern recognition works when assessments must be completed under time pressures. Child welfare case scenarios will be used to encourage audience participation

Speaker(s): Dee Wilson

Dee Wilson is a Child Welfare Services Director for Casey Family Programs, a position he has held since 2010. Prior to coming to Casey, he was director of a child welfare training and research institute at the University of Washington School of Social Work for 5 years. From 1978-2004, Mr. Wilson worked as a CPs social worker, supervisor, building manager, regional administrator and training director for Washington State's Children's Administration. Dee Wilson writes and speaks on a wide range of child welfare subjects, including chronic neglect, substance abuse and reunification, critical thinking and risk and safety assessment and planning. Dee Wilson writes a monthly child welfare commentary, *Sounding Board*, which is disseminated by the University of Washington Law Clinic.

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▣ [The Rosetta Stone: Translating Psychological and Psychiatric Evaluation to Educators](#) Weyerhauser

[View Handout](#)

This presentation will help participants feel more empowered to assertively ask better questions, take better notes and be better able to carry and present information from psychological and psychiatric evaluations to educators.

Speaker(s): Lonny Webb, MSW, LCSW

Lonny R. Webb, MSW, LCSW has been translating the complex field of mental health for other professions for decades. Lonny started work in 1991 at the Idaho State School and Hospital and worked his way to Behavior Science Manager for the Oregon Department of Corrections before starting NeuroBehavioral Concepts, a mental health clinic for children, teens and adults in 2007. In addition to providing clinical and psychotherapeutic services, Lonny has repeatedly found himself in positions where his job was to translate knowledge and share observations from one party to another.

▣ [The Indian Child Welfare Act: New Guidelines for Agencies and State Courts](#) Glisan

[View Handout](#)

Judge Abernethy will discuss the new Bureau of Indian Affairs (BIA) guidelines and how they inform DHS, CASAs and attorneys and help the trial court and the CRB in determining Active Efforts, Qualified Expert Witnesses, emergency removal, tribal determination and other issues.

Speaker(s): Shary Mason, BS

Shary Mason received a BS in Psychology and Secondary teaching Credentials in Social Sciences from the University of Oregon. She has worked for the Oregon Judicial Department since 1993, with over 29 years of experience in juvenile court programs. She is currently the Juvenile Court Improvement (JCIP) Model Court and Training Analyst. In her current position, Ms. Mason provides training and education on policy and practice standards related to court implementation of relevant juvenile law. She serves as the liaison between JCIP and the CRB program and the nine federally recognized Oregon tribes, provides technical assistance to support Model Court Teams, and analyzes child welfare policy affecting the courts and the CRB.

▣ [Social-Emotional Effects of Sensory Processing Disorder on the Family](#) Overton

[View Handout](#)

Participants will gain an understanding of the components of Sensory Processing Disorder (SPD) and discuss/understand the impacts SPD has on various functions (socialization, self-esteem, regulation, & attention).

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Through this discussion, participants will learn to identify basic sensory processing strategies for children and their caregivers/parents including the importance of play in the development of social-emotional and sensory motor skills.

Speaker(s): Sharron Donnelly

Sharron Donnelly is a co-founder and the owner of Advanced Pediatric Therapies. Sharron has extensive training in a multitude of areas related to pediatric occupational therapy and child development. She believes that an eclectic approach allows more individualized, holistic treatment tailored to each unique child, family and situation. Sharron has had the opportunity to be mentored by leading clinicians in the field of pediatric occupational therapy. Her direct mentors include Sheila Frick, Patti Oetter, and Julie Wilbarger. She has also received extensive mentoring with Beth Osten in the DIR® approach. Sharron has a passion for learning in order to provide the most effective, current and meaningful therapy services possible to children and their families. Sharron feels committed to ensuring that her staff has a high level of training from her mentors as well.

Sharron has her Master's in Occupational Therapy from Washington University in St. Louis and has worked in a variety of settings including Early Intervention, schools and private practice. Sharron is certified in administration of the Sensory Integration and Praxis Test and has trained extensively on sensory processing disorders. She is a Registered Interactive Metronome trainer and has experience in Auditory Integration Training, Listening Fitness and SAMONAS. Sharron is a candidate in the DIR Certificate Program and has extensive knowledge in using DIR/Floortime as a treatment model. She also has training in Social Thinking by Carol Gray, Qigong Sensory Massage, and Integrated Listening Systems.

Currently, Sharron teaches nationally and internationally for Vital Links to train other professionals in Therapeutic Listening™. In fact, APT is a national mentor site on this therapeutic intervention.

Bring Your Voice: Foster Care Stakeholder Meeting

Hayden

Oregon Foster Parent Association will be conducting a series of professionally facilitated stakeholder meetings to hear feedback on what needs to be done to elevate the quality of fostering in Oregon to make each Oregon foster home a true home of healing. The conversation will also include what people think the Oregon Foster Parent Association should be doing to help get us there. Anyone with feedback regarding foster care in Oregon is welcome to attend.

Speaker(s): Oregon Foster Parent Association and Senator Chip Shields

The **Oregon Foster Parent Association (OFPA)** is a statewide association operating within the foster, relative, and adoptive community in Oregon. Founded in 1996, the organization's mission is "To improve the quality of the foster care system in Oregon and make Oregon foster homes the best they can be. Allowing each Oregon foster placement to become a home of safety and healing for Oregon's most vulnerable children".

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[Senator Chip Shields](#) and his spouse, Shelda Holmes, have been proud foster parents since 2007. Sen. Shields is also a board member of the Oregon Foster Parent Association (OFPA) and is very focused on elevating the quality of fostering in Oregon.

SESSION B 1:45 p.m. - 3:15 p.m.

☐ [The Art of Grieving: Healing & Growing Through Change](#) Multnomah

[View Handout](#)

A colleague once summarized her own process as *“It feels like grief has a life-force of its own...it comes and goes no matter what I do.”*

Grieving is a necessary process to reconcile a loss and be able to fully engage in life again. The grief process is extremely unique to each individual and can become complicated. In this workshop we will cover normal vs. pathological grief responses in children based on age, indicators to look for when its time to seek help and critical techniques to help a child and caregivers move through the grief process.

Speaker(s): Denise L. Best, M.A.

Denise L. Best, M.A. is a Licensed Professional Counselor. Denise has worked with foster and adopted children and families for over 20 years and has over 455 hours of training in treating developmentally delayed children, attachment, trauma and foster/adoption-related issues. Denise has authored the most intervention-packed parenting manual titled *“Therapeutic Parenting for Children with Developmental, Attachment & Trauma Disorders.”*©. Denise provides ongoing trainings for biological, adoptive and foster parents, as well as professionals. She has recently fulfilled her dream of living in Oregon and has opened her practice The Center for Healing Relationships in Clackamas, OR.

☐ [Confusion in the Quest for Clarity: Psychological \(and other\) Assessments in Child Welfare Practice](#) Clackamas

[View Handout](#)

Children in state custody face many challenges unknown to their peers. Along with these challenges come increased risk for emotional, behavioral, developmental, and educational problems. In this session, we will discuss the various behavioral, health and developmental assessments available in the community, the purposes of each, and guidelines for determining when to request one type of assessment versus another. In particular, the distinctions between “psychological” and “neuropsychological” evaluation, and strategies for structuring psychological assessment referrals in a child-centered manner.

Speaker(s): Dane Borg, Psy.D.

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Dane M. Borg, Psy.D., is a clinical psychologist and co-founder of MindSights, a clinic specializing in psychological assessment and consultation. Dr. Borg has earned Masters and Doctoral degrees in clinical psychology, and is licensed as a psychologist by the state of Oregon. Over the past couple decades, Dr. Borg has specialized in the effects of trauma on the developing brain, the unique needs of children involved in the child-welfare system, infant-toddler mental health, and psychological testing/assessment. Dr. Borg continues to work with young people whose lives have been affected by family trauma and foster care, reserving a portion of his practice exclusively for this often underserved and often misunderstood population. He has provided training regarding neurodevelopment, attachment, and trauma to various groups, including: mental health professionals, parents and foster parents, child-welfare professionals, juvenile court judges, attorneys, and court-appointed special advocates (CASAs), among others.

▣ Father's Panel

Clark

The Father's Panel is a presentation by three fathers formerly involved with the child welfare system who were affected by the challenges of addiction, poverty and/or criminality. All three fathers have addressed the issues that brought them to the attention of child welfare and are now working in their communities to support the efforts of families facing similar issues. Through sharing their experiences and perspectives on the child welfare system's interaction with them, they hope to raise awareness of family strengths.

Speaker(s): Shari Clark

Shari is licensed to practice both law and social work in the State of Oregon. She has worked for Child Welfare for more than 10 years, as a caseworker specializing in the Indian Child Welfare Act and permanency for young children, as a Reunification and Engagement Specialist, and currently as an analyst in the District 2 Office. She specializes in contracts with community providers who offer services to Child Welfare involved families and special projects for the District, facilitates Family Engagement meetings and collaborates with a local mediation program to offer mediation services to foster parents and foster youth.

▣ Legal vs. Lethal: What Changes with the Oregon Legalization of Marijuana?

Washington

[View Handout](#)

As of July 1, 2015, Oregon became the 4th state in the country to legalize recreational marijuana for adult usage. This law created a lot of changes - but there are still many questions as to specific challenges that will be seen in child welfare and addiction treatment. This workshop will look at the changes, the challenges and the emerging issues from legalizing marijuana.

Speaker(s): Jay Wurscher

Jay Wurscher is old – born in the 50's. He's currently the Alcohol and Drug Services Coordinator for Oregon's Department of Human Services (DHS) – Office of Child Welfare Programs. He's a Certified Alcohol and Drug

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Counselor and has been in the field of addiction treatment and prevention since 1982. His experience includes the jobs of addiction counselor, clinical supervisor, program manager for a community based prevention program, and trainer. He's trained at numerous national conferences regarding substance abuse issues in child welfare and community collaborations. He's taught summer courses at the University of Oregon's Substance Abuse Prevention Program since 1992. He is a member of the Oregon Health Authority's Addictions and Mental Health Policy Advisory Counsel and previously served on the Governor's Methamphetamine Task Force.

Jay grew up in Minnesota and North Dakota. He moved to Oregon in 1983 after serving his country by floating around under water on a submarine in the US Navy. Since then he's gained a bunch of weight, wears tri-focals, and is losing his hair. Happily, he's not on any medication, eats whatever he wants as he really likes food, and refuses to contribute to the 60 billion dollar a year diet industry – though he's thinking that may need to change!!! He's married, has two children, and is a grandpa. He can be reached by phone, 503-931-1791 or e-mail, jay.m.wurscher@state.or.us

☐ Dig-Deeper to Effectively Communicate

Zellerbach

[View Handout](#)

Participants will learn and practice concrete skills to enhance professional and personal communication tools to achieve deeper understanding.

Speaker(s): Jack Bevilacqua, Sandra Jackson, Tera Cleland, Anthony Jackson, and Abbey Bowman

Jack Bevilacqua has had a rich training for reaching out beyond the walls of the church. Jack works in mentoring and spiritual direction in many areas...from homeless shelters to pastoral offices. He works in mediation, teaches guitar and loves sharing contemplative practices and relationship skills.

Sandra Jackson started her mediation journey at East Metro Mediation. Sandra has had the pleasure of coaching for several basic mediation training programs around Portland. Sandra is a private practice mediator and facilitator. Her facilitation experience includes retreats, meetings, community input events, Strategic Planning, and workshops. She is also a member of North Star Facilitators Diversity Cohort.

Tera Cleland, M.S., is the Mediation Specialist for East Metro Mediation. She is from Palmer, Alaska and received her BA from the University of Alaska Anchorage in Criminal Justice. She has a M.S. in Mediation and Applied Conflict Studies from Champlain College in Burlington, VT. She brings experience in mediation, program development and conflict resolution.

Anthony Jackson has studied, practiced, presented, trained, and coached in the areas of facilitation, mediation, training, conflict coaching, EEO counseling and foreclosure avoidance. He's volunteered at Resolutions Northwest doing mediation, facilitation, foreclosure avoidance, training, and as a Kennedy School Race Talks facilitator. Mr. Jackson is a volunteer mediator with the Oregon Federal Executive Board Shared Neutrals program.

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☐ Permanency Pact

Weyerhauser

[View Handout](#)

FosterClub's Permanency Pact is a tool that can bridge the gap between a youth understanding permanency and attaining permanency. In this training you will learn that permanency comes in many different shapes and sizes, and that different people can provide different types of permanency. By learning to utilize the Permanency Pact you will be a successful facilitator and feel more confident as you help youth to identify supportive people in their lives.

Speaker(s): FosterClub

FosterClub's mission is to lead the efforts of young people in and from foster care to become connected, educated, inspired and represented so they can realize their personal potential and contribute to a better life for their peers.

We believe that young people in and from foster care deserve to be:

CONNECTED to a peer support network and to people in the community who care

EDUCATED about their rights, the foster care system works, self-advocacy strategies, and how to locate resources to help them succeed

INSPIRED and empowered through the stories of people who have succeeded after foster care

REPRESENTED by having their voices heard by policy makers, the public, and others who influence the system that profoundly impacts their lives

☐ Trauma Informed Community

Glisan

[View Handout](#)

What's all the BUZZ about Trauma Informed Care? You may have heard the latest “buzz-word” in social services – TRAUMA INFORMED CARE—what is it really all about? The concept is clear enough, the how and when might be a little fuzzy. As the term Trauma Informed Care gains momentum, addressing it is quickly becoming required in many funding proposals and policies. In this workshop participants will gain clarity about how to practice Trauma Informed and/or Trauma Responsive Care. They will gain an understanding of a best practice model for delivering Trauma Informed Care, The Sanctuary Model, and discover how one community is transforming the entire social service system using this model as a framework.

Speaker(s): Trudy Townsend

Trudy Townsend is a Faculty Member of The Sanctuary Institute. Over the past 15 years Trudy has specialized in community mobilization and systemic change efforts to improve social outcomes for children and families. Most recently she has dedicated herself to spearheading a local movement called Creating Sanctuary in the Columbia River Gorge, an endeavor to transform the entire social service system using the science of trauma and resilience, a collective impact approach, and the framework of the Sanctuary Model. Trudy is a member of National Council on Behavioral Health Trauma Informed Community Learning Collaborative, a consultant to The Resource Innovation Group, and a founding member of the International Trauma and Resilience Coalition

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▣ Understanding and Nurturing our LGBTQ Youth Overton

Gain a basic understanding of the spectrum of sexualities and genders, the inequalities they are subject to and how you can create a welcoming environment for your LGBTQ Youth. This workshop will include a Youth panel discussion where participants may ask questions and gain understanding through the panel member's firsthand experiences.

Speaker(s): Leila Hofstein

As the Youth Coordinator for PFLAG Portland Black Chapter, Leila travels the city conducting outreach to LGBTQ youth, educating teachers and parents about how to be better allies, and leveraging resources to use in working with queer and trans* Youth of Color to create social change.

SESSION C3:30 p.m. - 5:00 p.m.

▣ Effective Strategies for Working with Adolescents: Multnomah Coping with Attachment Issues

[View Handout](#)

The hard truth is that trauma never goes away. When children with traumatic histories become adolescents, their body systems are changing at a chemical level while at the same time they are revisiting early traumatic experiences from a developmental level. The result is a teenager who thinks rules do not apply to him/her and a teenager who refuses to be parented. Rebuilding and creating a secure attachment during this stage of life when a child is naturally programmed to become independent can be a daunting challenge. Strategies for healing based on a developmental re-tracking approach to facilitate attachment and improve behaviors will be discussed and demonstrated.

Speaker(s): Heather T. Forbes, LCSW

Heather Forbes is the owner of the Beyond Consequences Institute. Forbes has worked in the field of trauma and healing since 1999. She is an internationally published author on the topics of raising children with difficult and severe behaviors, the impact of trauma on the developing child, adoptive motherhood, and self-development. Coming from a family of educators, Forbes has a heart for children in the classroom and for finding ways to teach the child that seems "unteachable." Her signature style is to bridge the gap between scientific research and real-life application to equip parents, educators, and therapists with practical and effective tools. Much of her experience and insight on understanding trauma, disruptive behaviors, and adoption-related issues comes from her direct mothering experience of her two adopted children.

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☐ Healthy Communication for the Family

Clackamas

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Healthy communication begins with healthy individuals. This interactive workshop will explore healthy and unhealthy communication styles, ways to improve communication and techniques for the family to try together to bring more peace and positivity to the home. Through large and small group discussions, brief lectures and role playing, participants will gain knowledge and skills to bring healthy communication to their family.

Speaker(s): Jillene Joseph

Jillene is an enrolled member of the Gros Ventre or Aaniiih people from Fort Belknap, Montana. She lives in Oregon with her life partner and children. She is the executive director of Native Wellness Institute and helped to found the national non-profit organization in 2000. She has a Bachelors of Science degree in Community Health Education and has served Indian Country for 30 years providing training and technical assistance in a variety of areas. Jillene has traveled to hundreds of Native communities and interacted with and learned from thousands of people. Whether she is providing youth leadership training, assisting women heal from childhood trauma or helping to bring wellness to the workplace, Jillene shares her passion for being positive, productive and proactive. She enjoys beading, reading, pow wowing and spending time with family and friends.

☐ Stories and Storytelling: What Do They Mean?

Clark

Storytelling is one of the oldest arts. Storytelling is found in all cultures and among all peoples. It has been one of the most important ways that we pass on information, ideas, beliefs, history and culture. Storytelling is also one of the most effective ways to teach important lessons to children. Children remember a good story, as adults do, often for the rest of their life. This workshop will examine the construction of stories and narratives and help us to learn how they affect what we think, what we learn and how we see the world.

"We are our stories. In fact, that is all we are." Thomas King

Speaker(s): Johnny Lake, Ph.D.

Johnny Lake is an internationally recognized educator, writer and storyteller and works with a broad section of the community. He is a consultant, trainer and speaker certified in working for youth and adults. He teaches courses for teacher and counselor preparation programs at Northwest Christian University. He is an Administrator on Special Assignment with the Eugene 4J school district and an advocate for needs of at-risk youth and provides teacher training institutes and student learning opportunities.

Dr. Lake holds a bachelor's degree in history from Willamette University. He has a Masters in educational leadership and administration and received his Ph.D. in educational leadership, policy, management and organization. He is also an administrator on special assignment with the superintendent in the Eugene, OR 4J School District. Dr. Lake is a former chairman of the State of Oregon Commission on Black Affairs.

And finally, he is the grandson of Leonia Patrick of Tennessee, the first storyteller he ever knew.

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☞ Traumatized Toddlers & Precocious Preschoolers: Washington Infant & Early Childhood Mental Health & Development

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If you've ever considered moving your little one from their crib or highchair onto Freud's chaise, then this is your workshop! Most little ones have as much difficulty managing their emotions, establishing healthy relationships, and behaving appropriately as the rest of us, but kids who have a less-than-ideal start in life tend to really struggle in these areas. This class will give parents and caregivers an understanding of early childhood mental health & development and ideas for children 0-5 years of age. We will particularly focus on foster and adoptive populations and the impacts of abuse, neglect, and loss.

Speaker(s): Kristie Baber, MSW, LICSW

Kristie Baber, MSW, LICSW has been a practicing clinician for fifteen years, and runs Lodestar Therapy, LLC - a specialized private practice in Seattle, WA. She works with both adults as well as very young children around issues of trauma, attachment, loss and meaning. Kristie created the CHERISH Infant Mental Health Program now utilized throughout King County's neurodevelopmental centers to serve our littlest foster children.

Kristie is adjunct faculty in the ATTACH-recognized post-graduate Attachment Therapy Certificate Program through Cascadia Training, and sits on the Advisory Board for the University of Washington's post-graduate Psychological Trauma Certificate Program. She teaches regularly at adoption agencies and child welfare divisions, as a field and classroom instructor at the University of Washington School of Social Work, and trains professionals of varied disciplines at national conferences including the Child Welfare League of America and the Division of Early Childhood.

Kristie received a Bachelor of Arts Degree in Public Policy from Duke University and a Masters of Social Work degree from the University of Washington. Kristie is a Children's Mental Health specialist, has a post-graduate certification in Adoption and Foster Care Therapy, and a practice specialty of Infant & Early Childhood Mental Health & Development.

☞ Responding to Chronic Neglect

Zellerbach

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This presentation will discuss the differences between and among situational neglect, sporadic neglect and chronic neglect. It will describe the challenges in working with chronically neglecting families, explore the impacts of chronic neglect on children and outline principles and promising practices for working with chronically neglected children and their parents. The presentation will include discussion of how community agencies can collaborate to assess and help chronically referring families.

Speaker(s): Dee Wilson

2015 Shoulder to Shoulder Speakers & Presentations



Dee Wilson is a Child Welfare Services Director for Casey Family Programs, a position he has held since 2010. Prior to coming to Casey, he was director of a child welfare training and research institute at the University of Washington School of Social Work for 5 years. From 1978-2004, Mr. Wilson worked as a CP's social worker, supervisor, building manager, regional administrator and training director for Washington State's Children's Administration. Dee Wilson writes and speaks on a wide range of child welfare subjects, including chronic neglect, substance abuse and reunification, critical thinking and risk and safety assessment and planning. Dee Wilson writes a monthly child welfare commentary, *Sounding Board*, which is disseminated by the University of Washington Law Clinic.

Genderbread: Circles of Sexuality

Weyerhauser

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In this thought provoking workshop you will learn about the complexities of youth identity and self-expression. Participants are encouraged to explore what they know about sexuality and self-expression through guided dialogue and informative activities. Participants will learn to facilitate conversations with youth, equip them with tools to communicate and self advocate for their needs within the foster care system.

Speaker(s): FosterClub

FosterClub's mission is to lead the efforts of young people in and from foster care to become connected, educated, inspired and represented so they can realize their personal potential and contribute to a better life for their peers.

We believe that young people in and from foster care deserve to be:

CONNECTED to a peer support network and to people in the community who care

EDUCATED about their rights, the foster care system works, self-advocacy strategies, and how to locate resources to help them succeed

INSPIRED and empowered through the stories of people who have succeeded after foster care

REPRESENTED by having their voices heard by policy makers, the public, and others who influence the system that profoundly impacts their lives

Wraparound and Systems of Care: A 360 degree view

Glisan

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This workshop will provide a 360 degree view of Wraparound, including how to access it around the state of Oregon. Panelists will share their experience and role within the Wrap process. Youth partners, Family Partners, Care Coordinators, other team members (DHS, therapists, DD etc.) and graduates of the process will also be available to answer audience questions. Prior to the panelists sharing their experiences, there will also be an overview of Wraparound.

Speaker(s): Natalie Jacobs

2015 Shoulder to Shoulder Speakers & Presentations



Natalie has been the Project Site Lead for the Fidelity Wraparound expansion in Clackamas, Multnomah and Washington Counties since May 2014. Natalie has been coordinating and supporting the implementation of Systems of Care and Fidelity Wraparound in the tri county area by providing coaching, consultation to Wraparound Care Coordinators, providing Wraparound and System of Care trainings, supporting the Wraparound review committees (cross system represented group who screens youth into Wraparound) and assisting in the creation of System of Care governance structures. Natalie works closely with Portland State University's Systems of Care Institute training team, Family Care Inc., Oregon Family Support network, NAMI of Multnomah County and Youth Move Oregon. Prior to her work as the Project Site lead, Natalie was a Fidelity Wraparound Care Coordinator with Washington County Mental Health for four years.

☐ Supporting Your Child in Special Education: Overton Learn, Organize, Believe

[View Handout](#)

To be an effective advocate for your child, you can start by gathering information about your child's disability and learning about the IEP process. In this workshop, you will learn to understand your child's disability and your rights and responsibilities in special education, including understanding the Individualized Education Program (IEP). You will learn the importance of documenting and organizing your child's records. Lastly, believing in your child's success can occur through effective communication with your child's school.

Speaker(s): Victoria Haight

Victoria has been advocating for families of children with disabilities for 10 years. As a parent of a young adult daughter with Asperger's Syndrome, she knows the joys and challenges of raising and educating a child with Autism Spectrum Disorder. Currently Victoria is the Training Coordinator for Oregon Family Support Network (OFSN) and past co-chair for the Special Education Advisory Council for Portland Public Schools.

☐ The Court and CRB want to hear from You Main Ballroom

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This workshop will provide an increased understanding of the various court hearings and the CRB process. Special emphasis will be placed on the importance of foster/adoptive parent, relative provider, foster youth, and provider understanding of and participation in these proceedings. Your voice is needed and encouraged.

Speaker(s): Pamela Abernethy, Shary Mason, and Leola McKenzie

Judge Pamela Abernethy (ret.) works for the Oregon Judicial Department as the *Judge in Residence* for Oregon's Juvenile Court Improvement Program. She trains judges state wide on improving practice in child abuse and neglect cases. She helped create a variety of programs in her judicial district to improve outcomes for children in care, in partnership with non-profits, government partners and the business community, with a special focus on infants and toddlers. She is a Zero to Three, Leaders for the 21st Century Fellow, Class of 2008.

2015 Shoulder to Shoulder Speakers & Presentations



Shary Mason received a BS in Psychology and Secondary teaching Credentials in Social Sciences from the University of Oregon. She has worked for the Oregon Judicial Department since 1993, with over 29 years of experience in juvenile court programs. She is currently the Juvenile Court Improvement (JCIP) Model Court and Training Analyst. In her current position, Ms. Mason provides training and education on policy and practice standards related to court implementation of relevant juvenile law. She serves as the liaison between JCIP and the CRB program and the nine federally recognized Oregon tribes, provides technical assistance to support Model Court Teams, and analyzes child welfare policy affecting the courts and the CRB.

Leola McKenzie has been with the Office of the State Court Administrator since January 1995. Leola earned a Bachelor of Arts in English and Secondary Education at Nazareth College in Rochester, New York and a Master's Degree in Public Administration from Portland State University. Leola is an adoptive parent of two special needs children.