

16th Annual
**SHOULDER TO SHOULDER
CONFERENCE**

October 27-28, 2014

Strengthening Children & Families

Red Lion Hotel on the River
909 N Hayden Island Drive, Portland, Oregon 97217



Visit our web site and register at www.stsconference.com



AGENDA

16th Annual SHOULDER TO SHOULDER CONFERENCE

Strengthening Children & Families

October 27, 2014

6:30 – 9:00 p.m. – Pre-Conference Event

Keynote: Deborah Shropshire – Better Together



October 28, 2014

7:30 – 8:30 a.m. – Registration

8:30 – 10:00 a.m. – Keynote: Bryan Post

Shoulder to Shoulder: The Healing Power of Relationship
When Working with Traumatized Children

10:15 – 11:45 a.m. – Workshop Series A

- Self-Compassion for Caregivers and Providers: Why it's Essential for Connection – Lynne Herbert
- A Heart Attack Waiting to Happen – Deborah Shropshire
- Sex Offenders: What Judges, Lawyers, Investigators and Child Advocates Should Know (part 1 of 2) – Cory Jewell Jensen
- Mentoring for Change – Ruth Taylor
- Foster Care Ombudsman: "One Voice for Many Children"
– Darin Mancuso
- Transitioning with Sensitivity – Kris Villanueva
- Workshop TBA
– Presenter TBA



AGENDA (continued)

16th Annual

SHOULDER TO SHOULDER CONFERENCE

Strengthening Children & Families

12:00 – 1:30 p.m. – Lunch

Keynote: Jeff Gianola

Our Voices: Speaking through Wednesday's Child

1:45 – 3:15 p.m. – Workshop Series B

- Overcoming Fear in Parenting to Create a Therapeutic Environment for Children – Bryan Post
- Fostering Hope: Health Care for Children in Foster Care – Deborah Shropshire
- Sex Offenders: What Judges, Lawyers, Investigators and Child Advocates Should Know (part 2 of 2) – Cory Jewell Jensen
- Judges Panel – Honorable Lisa Fithian-Barrett, Honorable Norm Hill, Honorable Valeri Love, Honorable Paulette Sanders.
Facilitator: Leola McKenzie
- Understanding the IEP and Your Critically Important Role on the Team – Nicole Sisk
- Cultural Identities & Their Influence on Our Work with Children – Nani Jackins Park
- Who's Karly? And How Has Karly's Law Changed the Response to Child Physical Abuse? – Shelly Smith, Mike Maryanov, Tina J. Morgan

3:15 – 3:30 p.m. – Break

3:30 – 5:00 p.m. – Workshop Series C

- Stress, Trauma and the Brain: Helping Children Heal – Bryan Post
- Creating a Secure Base: A Team Approach – Lynne Herbert
- Decision Making in Cases of Child Abuse – Cory Jewell Jensen
- Keeping Families Together: Doing What Works – Mickey Lansing, Terri Vann, and Jean Vinson
- It Starts with a Dream! Person-Centered Profiles – Nicole Sisk
- Positive Discipline – Steven Foster, Caty Buckley
- Understanding Sensory Processing Difficulties – Jenna Gordon

PRE-CONFERENCE EVENT

October 27, 2014

6:30 – 9:00 p.m.

Please join your colleagues for the second annual Shoulder to Shoulder networking gathering the evening of October 27th from 6:30-9:00 p.m. It will be located in the downstairs ballroom. Please come and socialize, enjoy wine, sparkling cider, hearty appetizers and dessert. At 7:30, Deborah Shropshire will present an address on “Better Together.” *Separate Payment and Registration are required for the Pre-Conference Event.*



Keynote: Deborah Shropshire Better Together

Child welfare agencies and community groups each play a part in serving struggling families. In this session, we will discuss the role of public-private partnerships, offer some guidance on how to form partnerships, and how increasing the role of the community contributes to the ability of a child welfare system to utilize differential response and keep children with their families.

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Deborah Shropshire, M.D., is a pediatrician at the University of Oklahoma College of Medicine in Oklahoma City. She provides health care services to children at an emergency foster shelter and through the Fostering Hope clinic. She also serves as the Child Welfare Medical Director for children in foster care, and interacts with a number of community groups around the issue of foster care. Recently she was named Child Welfare Deputy Director of Community Partnerships. Deb believes that if we come together to serve children and families now, we will see an end to the generational impact of child maltreatment.



CONFERENCE and WORKSHOPS

October 28, 2014

7:30 – 8:30 a.m. – Registration



8:30 – 10:00 a.m. – Keynote: Bryan Post
Shoulder to Shoulder: The Healing Power of Relationship
When Working with Traumatized Children

Research from neuroscience informs us that we are biologically engineered to be in relationship. Every cell in our body-mind system, synapse in our brain, and dendrite is directed toward relationship. Well then, why is it so difficult to maintain relationship when working with traumatized children? The answer is stress. The single greatest challenge to creating healing environments for adults and children is stress. The call toward conscious, mindful living is greater now than any other time in the existence of humanity. If we want to create healing for children we must first start with ourselves, each and every one of us. In this inspiring presentation, Bryan Post will weave love into the framework of our understanding of trauma and relationship in a manner that we might all be empowered to live a life of greater consciousness and healing.

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Bryan Post, LCSW, is one of America's foremost Child Behavior and Adoption Experts and founder of the Post Institute for Family-Centered Therapy. The Post Institute specializes in leading edge education for adults, children and families who struggle with issues related to early life trauma and the impact of trauma on the development of the mind-body system. A renowned clinician, lecturer, and author of several books, video, and audio programs, Bryan has traveled throughout the world providing expert treatment and consultation to a variety of groups. An internationally recognized specialist in the treatment of emotional and behavioral disturbance, Bryan specializes in a love-based treatment approach that focuses on developing a deeper understanding of fear and how it rules our lives. He counters this by offering an enlightening perspective on the all encompassing power of love to bring us peace and healing. The love-based, family-centered principles and concepts offered by Bryan Post have been taught to more than 100,000 parents and professionals.

10:15 – 11:45 a.m. – WORKSHOP SERIES "A"

Self-Compassion for Caregivers and Providers: Why it's Essential for Connection – Lynne Herbert

Working with children who struggle with feeling safe in relationships can be extremely challenging. This workshop is designed to support you to have compassion with yourself and others through this process. Self-Compassion is an essential component of self-regulation, which allows people to remain emotionally connected and attuned to others. Attendees will explore how to develop self-compassion and handle difficult emotions, without making it personal. These tools can also be utilized with the children whom caregivers work with and provide for.

A Heart Attack Waiting to Happen – Deborah Shropshire

Toxic stress in childhood can have lifelong health and social consequences. This session will explore the Adverse Childhood Experiences study as well as other pertinent research, and will suggest some ways we might be able to change the future for kids who have experienced toxic stress.

Sex Offenders: What Judges, Lawyers, Investigators and Child Advocates Should Know (part 1 of 2) – Cory Jewell Jensen

Participants will examine some of the specific strategies used to target, seduce and exploit children and adults. Topics include offender descriptions of “grooming” tactics; i.e., how and why they target certain children, families and youth serving agencies; how they seduce child victims and adult caretakers; and how they inhibit disclosure, detection and reporting. The speaker will also address the possible number of undetected offenders and sexual crimes occurring in our communities, “cross over” sexual crime behavior, recidivism rates, treatment outcomes, and the increasing trend in sexually deviant behavior associated with the Internet.

Mentoring for Change – Ruth Taylor

A facilitated panel of parent mentors from Multnomah, Malheur and Linn/Benton counties will discuss the value of supporting and engaging parents involved with the child welfare system to help the parents believe in themselves. They will also focus on the importance of engaging fathers, and provide strategies to help deal with resistant fathers.

**Foster Care Ombudsman: "One Voice for Many Children"
– Darin Mancuso**

As a result of Oregon Foster Youth Connection's successful passage of Senate Bill 123, foster youth are now able to call a telephone hotline with questions about their rights, care and well-being; issues with their placement; or services received while in foster care. The Ombudsman is responsible for developing and implementing a fair and confidential process for receiving, investigating, and resolving complaints. The speaker will discuss SB123 and share the types of concerns that have been reported since its implementation.

Transitioning with Sensitivity – Kris Villanueva

This session will provide an overview of the key roles of the worker and caregiver in transitioning a child either back home, to adoption or even staying permanently in the current home. Techniques to transfer key information and facilitate adjustment to strong emotions will be covered. Participants will learn who plays what role and why, as well as techniques which facilitate effective transitions.

**Workshop TBA
– Presenter TBA**

Workshop description TBA...



12:00 – 1:30 p.m. – LUNCH



Keynote: Jeff Gianola
Our Voices: Speaking Through Wednesday's Child

Jeff Gianola understands the power of voice more than most as a veteran television anchor of KOIN 6 News in Portland. Whether he's covering a community affair or investigating an injustice, Jeff speaks up for those who can't.

For close to 25 years, Jeff has been producing Wednesday's Child in Portland, where he shares the voices of the most vulnerable and unheard Oregonians – foster children. A proven champion for children, Jeff has interviewed and featured nearly 500 kids and youth in foster care waiting for adoptive families over the last 13 years.

Join Jeff over lunch for a humorous and heartfelt Wednesday's Child retrospective, and a reflection on the impact all of our voices can have for kids.

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Originally hailing from San Diego, Jeff Gianola has been a major television presence in Portland since 1983 and is now evening news anchor for CBS affiliate station KOIN Local 6. Recognizing his impressive 30 years on the air, the National Academy of Television Arts & Sciences inducted Jeff into their Silver Circle in 2013. In addition to movie appearances, Jeff has produced documentaries, and founded the local Wednesday's Child Foundation and Program, one of Portland's greatest gifts to the foster care community. Jeff was honored for this work in helping foster children get adopted with a 2013 Angel in Adoption Award from Senator Ron Wyden. Jeff lives in Tigard with his wife and their three children. He also has two older daughters, both college graduates. "I'm on the no-retirement plan, I love it," says Jeff.



1:45 – 3:15 p.m. – WORKSHOP SERIES "B"

Overcoming Fear in Parenting to Create a Therapeutic Environment for Children – Bryan Post

Unbeknownst to both parents and professionals, the ever-looming presence of fear that slips into our consciousness wreaks havoc on our relationships and creates increased stress for our children. In this presentation, the audience will examine traditional parenting techniques that have been practiced for generations and understand why these techniques are not effective for traumatized children. Further, we will explore what it means to love in the midst of fear and stress. Any parent or professional can learn how to create a therapeutic environment for the healing of children.

Fostering Hope: Health Care for Children in Foster Care – Deborah Shropshire

Children in foster care experience much higher rates of health problems than other populations of children. We will look at the causes of disease, and discuss how to approach delivering health care to children in foster care.

Sex offenders: What Judges, Lawyers, investigators and Child Advocates Should Know (part 2 of 2) – Cory Jewell Jensen

Judges Panel – Honorable Lisa Fithian-Barrett, Honorable Norm Hill, Honorable Valeri Love, Honorable Paulette Sanders.

Facilitator: Leola McKenzie

A panel of judges from Lane, Lincoln, Multnomah and Polk counties discuss the court process and the importance of involving children, youth and foster parents in court and CRB proceedings. A facilitated question and answer session will follow. Questions must be submitted in writing and will be collected during the workshop.

Understanding the IEP and Your Critically Important Role on the Team – Nicole Sisk

In this training we will take an in-depth look at the Individualized Education Plan (IEP) process. You will learn what an IEP is and the role of the family/advocate on the child's IEP team. We will share strategies for effective advocacy, such as written parental input and the successful use of a person-centered one-page profile. Also, learn how to increase the student's participation in their IEP meeting. This comprehensive training looks at the purpose, process, and development of an IEP; including healthy team dynamics, effective communication, and the IEP document.

1:45 – 3:15 p.m. – WORKSHOP SERIES "B" (continued)

**Cultural Identities & Their Influence on Our Work with Children
– Nani Jackins Park**

How do our cultural identities influence our work with children? This workshop will invite participants to reflect on their own identity development processes and explore how their developmental experiences shape their approaches to working with children.

**Who's Karly? And How Has Karly's Law Changed the Response to
Child Physical Abuse? – Shelly Smith, Mike Maryanov, Tina J. Morgan**

Using Oregon's Karly's Law as an example, participants will hear from a collaborative team how this unfunded mandate created a better system for identifying children suffering from physical abuse. House Bill 3328, or Karly's Law, was signed into Oregon law on June 27, 2007. Its purpose was to improve, standardize, and coordinate evaluation of children in Oregon when there are concerns of physical abuse, and to ensure injuries to children result in documentation, cross reporting, medical evaluation, and review of medical evaluation by the local Designated Medical Professional.

3:15 – 3:30 p.m. – Break



3:30 – 5:00 p.m. – WORKSHOP SERIES "C"

Stress, Trauma and the Brain: Helping Children Heal – Bryan Post

Trauma has affected us all at some level. Understanding how we as professionals and parents have been affected by stress and trauma deepens our understanding of how we can help create healing for our children. Based on the groundbreaking video "Stress, Trauma and the Brain," the audience will look at the impact of trauma and how to heal through it. Trauma is not an experience to be resolved but rather integrated from a place of conscious awareness, attunement and attention.

Creating a Secure Base: A Team Approach – Lynne Herbert

This workshop will examine how to best create a collaborative team approach to caring for a child by differentiating roles/objectives of all involved and looking at ways to support a child's relationship with their identified attachment figure(s). The workshop will go beyond philosophical discussion to provide examples and ideas for parents, social workers, counselors, and all members of a child's treatment team.

Decision Making in Cases of Child Abuse – Cory Jewell Jensen

This presentation will review a number of studies that examine sex offender characteristics and the effectiveness of interviewer style on confession rates. The speaker will examine the relationship between offender age, personality, offense history, and experience with the criminal justice system as they relate to confession rates. Results confirm previously suspected notions about the thoughts and concerns offenders have during police interviews and the reasons offenders decline to be interviewed, confess, or lie. Offender quotes and video clips will be used to illustrate the various findings. The presentation includes anecdotal comments from sex offenders and veteran child abuse detectives from enforcement agencies in Oregon.

Keeping Families Together: Doing What Works – Mickey Lansing, Terri Vann, Jean Vinson

The Keeping Families Together (KFT) Initiative is an innovative and research-based approach to preventing child abuse and neglect. This Initiative plans to reduce foster care placements by building a healthier community that supports vulnerable children, youth, and families. KFT uses the Communities That Care (CTC) model, the only evidenced-based program in the nation with proven success in helping communities develop the capacity to support the healthy well-being of children and families. The CTC model provides communities with a roadmap for using tested interventions to identify the risk factors in their own cities, recognizing that lasting change requires long-term community commitment and investment in prevention. Presenters will discuss how they have adapted this successful model to focus on the prevention of child maltreatment in Hood River and Springfield.

3:30 – 5:00 p.m. – WORKSHOP SERIES "C" (continued)

It Starts with a Dream! Person-Centered Profile – Nicole Sisk

Strengths, abilities, interests, hopes, dreams, and needs... These characteristics and many more make up the whole person for each of us. But when a person has a disability, do we see the whole person, or only a small part? We will show you how to create a one-page profile of the child you support to effectively convey these strength-based characteristics. This document is a good tool for introducing the child in the best way possible.

Positive Discipline – Steven Foster, Caty Buckley

As foster parents, CASAs, child welfare workers, therapists, educators, and child care providers, we are trying to help children who have been compromised by trauma to form healthy attachments. This workshop will present an introduction to a framework that uses the lens of attachment, filters it through what we know about the effects of trauma on brain development, and utilizes Positive Discipline tools to treat children and ourselves with dignity and respect. It stresses the importance of a sense of belonging and significance for all children and offers tools that are encouraging and non-punitive.

Understanding Sensory Processing Difficulties – Jenna Gordon

This workshop will explore sensory processing disorders in children. Attendees will learn about the different types of sensory processing difficulties, what these look like in children, and how to support and treat children with such issues. In addition, it will explore how difficulties affect child development and attachment. Both information and practical application will be included. Biological, foster, adoptive parents, and professionals are encouraged to attend.



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SHOULDER TO SHOULDER CONFERENCE REGISTRATION FORM
Strengthening Children & Families

ONLINE REGISTRATION: www.stsconference.com

Mail-in registration (confirmed by e-mail):

Send check, made out to Children's Trust Fund of Oregon (CTFO)
to: Shoulder to Shoulder, c/o Children's Trust Fund of Oregon
1785 NE Sandy Boulevard, #270, Portland, Oregon 97232

**CONFERENCE
REGISTRATION FEE:**
\$65 prior to 10/17/14
\$85 after 10/18/14

No refunds after 10/21/14
for the Conference and
Pre-Conference Event.

Name: _____

Street Address: _____

City, State, Zip: _____

e-mail address: _____

Phone #: _____

REPRESENTATION: Foster parent Attorney CASA CRB DHS OYA
 Education Family Mental Health Court Tribes Other

MEAL PREFERENCE: non-vegetarian vegetarian

Any dietary restrictions? _____

PRE-CONFERENCE EVENT: Cost \$20 | Please include payment with conference payment
Registering for the Pre-Conference Event? Yes No

For special accommodations, call 800-764-8367 x20 or email David at david@stsconference.com

Attendees will select which workshop to attend on the day of the conference on a first-come basis.

LIMITED SCHOLARSHIPS AVAILABLE:

Apply through conference website:

<http://www.stsconference.com/scholarships>

or by e-mail:

scholarships@stsconference.com.

Request must be received by 9/26/14;
notification by 10/3/14. If you do not receive
a scholarship, you will need to register and
pay for the conference.

CONTINUING EDUCATION CREDITS (CEUs):

Continuing Education Credits are available at no
cost for social workers, attorneys, and mental
health professionals. Please indicate below on the
Registration Form that you are requesting Continuing
Education Credits. Check in at the registration desk to
ensure you are signed up and paid to receive credits for
conference attendance.

CEU/CLE Yes No

LODGING INFORMATION:

Red Lion Hotel on the River

909 N Hayden Island Drive

Portland, Oregon 97217

Phone: 503-283-4466

www.redlionontheriver.com

COST: \$99 per night plus tax

PARKING: Free at Red Lion

CERTIFICATE OF ATTENDANCE:

*A certificate of attendance will be available at no cost
to attendees who complete the conference evaluation/
survey following the conference. You do not need to
sign up for the certificate of attendance. This certificate
of attendance is a non-accredited certificate, primarily
for parents (foster, adoptive, and kinship parents)
and paraprofessionals. CADC credits for drug and
alcohol counselors will be available on the day of the
conference. If you need a credentialed certificate,
please see the description for Continuing Education
Credits (CEUs).*

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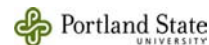
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