

14th Annual
**SHOULDER TO SHOULDER
CONFERENCE**
November 14, 2012



**STANDING TOGETHER
FOR FAMILIES**

Red Lion Hotel on the River
909 N Hayden Island Drive, Portland, Oregon 97217
Visit our Web site and register at www.stsconference.com



**14th Annual
SHOULDER TO SHOULDER CONFERENCE AGENDA
“Standing Together for Families”
NOVEMBER 14, 2012**

7:30 am – 8:30 am Registration

8:30 am – 10:00 am Keynote speaker: Joseph Crumbley

10:15 am – 11:45 am SESSION “A” WORKSHOPS

- Secondary Trauma and How We Reconcile its Impact – Laura van Dernoot Lipsky
- Enhancing Resiliency for Children Exposed to Domestic Violence – Claire Crooks
- Parenting with Trauma: African American Experience – Panel
- Challenging Kids and Emotional Regulation – Angela Gunn
- Parenting Lesbian, Gay, Bisexual and Transgender Youth – Bethprana Novi and Charlotte Redway
- It Wasn't Like That When I Was a Teenager! – Sue Skinner and Marieka Farrenkopf
- Teaching Lessons Through Traditional Stories – Esther Stutzman
- Permanency for Youth: Why We Changed Our Focus and How You Can Too – Sally Guyer and Andrea Logan Sanders
- Autism Identification: Resources Available and Effective Approaches to Supporting Children and Youth on the Autism Spectrum – Tobi Rates, Krystel Anderson, Jonathan Chase

12:00 pm – 1:30 pm Lunch

12:30 pm – 1:15pm Keynote Speaker: Laura van Dernoot Lipsky

1:30 pm – 3:00 pm SESSION “B” WORKSHOPS

- Transracial Parenting: Developing Positive Racial and Cultural Identities in Children – Joseph Crumbley
- When Women Use Violence – Laura Connelly
- Advocating for Educational Rights, Who & How – Penelope Jordan
- Trauma Informed Care 101 – Mandy Davis
- Differential Response in Oregon – Stacey Ayers
- Feeding and Nutrition in Foster Care/Adoption – Julian Davies
- Enhancing Cultural Competence in Human Service Settings – Nadja Jones
- The Court and CRB Want to Hear From You! – Shary Mason and Leola McKenzie
- Empowering Children in Foster Care – Gillian Chachere and MacKenzie Taylor

3:15 pm – 4:45 pm SESSION “C” WORKSHOPS

- Co-Parenting Roles and Issues with Incarcerated Parents – Joseph Crumbley
- Caring Dads: Helping Fathers Value their Children – Claire Crooks
- Diagnosis and Management of Failure to Thrive – Dan Leonhardt
- Trauma Informed Care 201 – Mandy Davis
- A Measure for Cultural Specificity – Ray Shellmire
- Preventing Sexual Abuse: Practical Information for Those Who Work with Them – Sally Blackwood
- The Indian Child Welfare Act: Active Efforts Required – Nadja Jones
- T.I.P.S. (Trauma Informed Practice Strategies) for Caregivers – Linda Bello
- Navigating Family Connections and Social Media – Toni Ferguson and Nicole Russell

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KEYNOTE SPEAKER: Joseph Crumbley 8:30 – 10:00 am

Kinship Care: A Paradigm Shift in Child Welfare

The purpose of this keynote is to enhance the knowledge and skills of professionals, volunteers and parents providing services to or involved in the placement of children in kinship families. It is important to understand the differences between kinship care, non-relative adoptions and foster care placements while identifying how these differences can result in risk factors to safety, well-being and permanency for children in kinship care. Attendees will understand and develop interdisciplinary approaches and strategies for preventing and mitigating these factors through assessments, services, family preparation and support to kinship families.

Biography: Joseph Crumbley, Ph.D.

Joseph Crumbley received his master's and doctorate in social work from the University of Pennsylvania. His most recent areas of specialization have been kinship care, transracial adoptions and foster care. He is in private practice as a family therapist, trainer and consultant. His clinical experience includes adoption, foster care, chemical dependency, couples' therapy, physical and sexual abuse. He has provided training and consultation nationally and internationally. Nationally, he has consulted with Spaulding for Children, Casey Family Programs, Casey Family Services, Brookdale Foundation, the Child Welfare League of America and the Department of Health and Human Services. Joseph Crumbley has authored and co-authored books, produced a series of training videos, and developed on-line courses on the topics of kinship care, transracial adoptions and foster care. He has been a faculty member of the Adoption Certificate Programs at Portland State Graduate School of Social Work and Rutgers University Graduate School of Social Work. He received the Child Welfare League's Excellence in Kinship Care Practice Award in 2007, and served as board president of NACAC, the North American Council on Adoptable Children, from 2005 to 2009.

Session "A" Workshops 10:15 – 11:45 am

Secondary Trauma and How We Reconcile its Impact – Laura van Dernoot Lipsky

As human beings, we are affected by our surroundings. The discussion focuses on how to reconcile what we experience in our work and the world around us in a way that is compassionate and honest as well as accountable and sustainable. Whether we are experiencing fatigue, cynicism, guilt, a sense of not doing enough or any other number of consequences of demanding work, we come to understand how we can make choices in order to remain true to ourselves and those we serve. This workshop will provide additional depth to the lunch keynote. It will focus on reconciling the toll of trauma exposure through concrete skills.

Enhancing Resiliency for Children Exposed to Domestic Violence – Claire Crooks

Domestic violence impacts children on a variety of levels and presents itself in children's lives through emotional, learning and relationship contexts. A growing body of research documents the remarkable capacity for resilience in children and youth who have experienced trauma, abuse, and stress in their lives. A key finding of this research is the power of each individual, including judges, CASAs, social workers and attorneys who come into contact with children to be an agent of resilience. This session will assist participants to understand and address the intergenerational cycle of violence and its effects while exploring the positive impacts of providing children and families' resources to nurture their potential.

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Session "A" Workshops 10:15 – 11:45 am (cont.)

Parenting with Trauma: African American Experience – Panel

A panel from Cascadia Garlington Center will explore the concept of trauma from a culturally relevant perspective. The workshop will examine the relationship between addiction, mental health and trauma in African American families. Further, the panelist will examine best practice techniques for engaging these families in services.

Challenging Kids and Emotional Regulation – Angela Gunn

This workshop is meant to empower and support foster parents as they parent some of Oregon's most challenging children and youth. Introducing concepts related to traumatic stress and emotional regulation, parents will be given insight into the behaviors and emotions of the children in their care. The key to managing challenging behaviors lies in the ability to regulate yourself and support children's self-regulation. This workshop provides insight and concrete ideas based on evidence based therapeutic approaches and the experiences of clinicians.

Parenting Lesbian, Gay, Bisexual and Transgender Youth – Bethprana Novi and Charlotte Redway

LGBT youth are some of the most creative, expressive, outgoing and fabulous youth around.

Unfortunately, these youth face special barriers in school, family, community, healthcare, and independence. This workshop will use a strength based approach to address

barriers and help adults understand the best ways to support and advocate for LGBT foster youth. Current queer youth culture will also be discussed and participants will leave with many resources specific to LGBT youth. A question and answer session will be held at the end of the workshop.

It Wasn't Like That When I Was a Teenager! – Sue Skinner and Marieka Farrenkopf

We have all been teenagers — but how long ago was that? Though we've lived through exciting, confusing, and often painful adolescent years, teens today experience a host of challenges and opportunities that we didn't have. Things are different in 2012. This workshop will begin with a review of the adolescent brain, focus on 21st-century teen culture, and identify current trends that should be on our radar. Topics covered will include sexuality, technology and the media, mental-health issues, self-harm, and drug and alcohol use. This is a MUST for professionals and parents who interact or work with teenagers.

Teaching Lessons Through Traditional Stories – Esther Stutzman

Learning lessons and moral values has always been an important part of American Indian teachings. Parents and elders share values with their children through storytelling. Stories hold the lessons of life as well as reinforce histories and other events. Stories will be used to illustrate how those lessons are passed on. The presentation also includes a glimpse of local tribal history and how the Native people have begun to reclaim cultural ties.



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Session "A" Workshops 10:15 – 11:45 am (cont.)

Permanency for Youth: Why We Changed Our Focus and How You Can Too – Sally Guyer and Andrea Logan Sanders

This workshop introduces the concept of permanency for youth, including those aging out of foster care and homeless and runaway youth. Presenters will discuss and help define and conceptualize permanency, ways in which workers or agencies can provide youth with skills towards achieving permanency and the barriers to permanency within the youth care system. The workshop will address the importance of permanency for vulnerable youth, particularly older youth who are transitioning into adulthood. Participants will strategize ways of incorporating permanency work into their own programs, to include Foster Care, Basic Center and Transitional Living Programs.

Autism Identification: Resources Available and Effective Approaches to Supporting Children and Youth on the Autism Spectrum – Tobi Rates, Krystal Anderson, Jonathan Chase

This workshop will provide information on identifying characteristics of Autism Spectrum Disorder (ASD) in children and youth. The presenters will cover ways to support children and youth on the autism spectrum to help them lead fulfilling, functional lives and detail what resources are available to help. Tobi Rates discusses these issues from the point of view of a parent, while Krystal Anderson and Jonathan Chase provide insights from their own experiences growing up with undiagnosed ASD.

LUNCHEON KEYNOTE: Laura van Dernoot Lipsky

Trauma Stewardship

Trauma stewardship explores how humans are impacted by exposure to the suffering, hardship, crisis and trauma of humans. Our stewardship involves, but is not limited to our intention in choosing the work we do, our philosophy of what it means to help others, the tone our caregiving takes and our daily decisions about how we live our life. If we are to do our work with suffering people and environments in a sustainable way, we must understand how our work affects us. A trauma exposure response may be defined as the transformation that takes place within us as a result of exposure to the suffering of other living beings on the planet. We are talking about the ways in which the world looks and feels like a different place to you as a result of your doing your work.

Biography: Laura van Dernoot Lipsky

Laura van Dernoot Lipsky is an internationally known trauma worker who has been engaged in this work for 24 years. She has worked locally, nationally and internationally and has been involved in some of our nation's largest disasters and community crisis. Her front line experience has included working with homelessness, child abuse, sexual assault, domestic violence, and acute trauma. She trains on systematic oppression and liberation theory as well as on secondary trauma. She has volunteered throughout her career with women in the sex trade, immigrants and refugees, local food banks and the public schools. Additionally, she has served individuals and organizations through the use of animal assisted therapy. She is known as a pioneer in the field of trauma exposure and its toll on those working in trauma related fields. For over a decade she has been a constantly sought after key-note speaker and workshop leader on her theory of trauma stewardship. Trauma stewardship explores how humans are impacted by exposure to the suffering, hardship, crisis and trauma of humans, other living beings, and the planet itself. Laura is the author of the newly published book Trauma Stewardship, an everyday guide to caring for self while caring for others. Laura lives in Seattle, is a mother, received a Master of Social Work degree and is bilingual in Spanish.

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SESSION "B" WORKSHOPS 1:30 – 3:00 pm

Transracial Parenting: Developing Positive Racial and Cultural Identities in Children – Joseph Crumbley

In this workshop, Joseph will describe the similarities and differences in the identity formation of children from dominant and minority groups. He will develop approaches in explaining to adoptive parents "why and when" it is necessary to develop positive racial/cultural identity in their minority child. Lastly, he will look at formulating parental tasks and roles in developing positive identity in children adopted transracially and in foster care.

When Women Use Violence – Laura Connelly

Since the implementation of mandatory arrest policies there has been an increase in the arrest of women and mothers in cases of domestic violence. Are these women who are being arrested batterers, resisting battering, or neither? This session will explore the answers to that question. To be effective, interventions for women who use violence must address the contextual factors of women's lives. This workshop will increase your understanding of women's use of violence in intimate relationships and the most effective interventions in these cases.



Advocating for Educational Rights, Who & How – Penelope Jordan

Let's explore how to tap the resources for children's educational rights. Dance your way through the Federal and State laws for a free and appropriate education, and learn who to contact to ensure our children are getting the full resources available. Play the BINGO vocabulary for the anachronisms of LRE, RTI and other educational terms with a cheat sheet and win prizes. You will receive the basics of educational advocating for children with this session.

Trauma Informed Care 101 – Mandy Davis

To understand the benefits of a trauma informed system, it is necessary to understand how trauma impacts individuals and families. Participants will use this beginning knowledge to identify how service systems, often unknowingly, re-traumatize survivors of complex trauma. Participants will also learn the difference in trauma specific services and trauma informed care. Case examples will be used to practice reframing behaviors from a trauma informed lens.

Differential Response in Oregon – Stacey Ayers

Differential response focuses on interventions that are less investigative fact finding and more assessment. Differential response insures child safety by helping the family identify their needs to keep their child safe. This workshop will present the plans for implementing differential response in the child welfare system in Oregon. A short history of differential response will be provided as well as a look at how this change in Child Welfare is expected to benefit children and families.

SESSION "B" WORKSHOPS 1:30 – 3:00 pm (cont.)

Feeding and Nutrition in Foster Care/ Adoption – Julian Davies

Malnutrition in the recently placed child is common and can range from obvious wasting or stunted growth, to silent micronutrient deficiencies, all of which can have serious medical and developmental consequences. How should we assess nutritional status in a new foster child or adoptee? What growth charts and labs should be used and how are they interpreted? What are some unique strategies of post-adoption nutrition and how can we best help children with problems like taste/texture aversions, low oral muscle tone, or medical problems? How do feeding and relationship development interact? This talk will present some best practices in post-placement nutrition, as well as practical tips and tricks for agency staff and families.

Enhancing Cultural Competence in Human Service Settings – Nadja Jones

This workshop is designed to develop cultural competence through the policies, procedures, practices and values of an organization and individuals who perform direct practice and administrative services. This overview will describe: 1) Providing services to tribal families and tribal organizations requires skill building in multiple competency areas; 2) Worldview differences are used as a primary focus for understanding the impact of cultural differences; 3) Collaboration principles are addressed in terms of providing services to families of diverse cultures; 4) Assessment models for both the individual and of the organization will be examined; 5) Experiential learning is provided in an environment best suited for the adult learner.

The Court and CRB Want to Hear From You! – Shary Mason and Leola McKenzie

This workshop will provide an increased understanding of the various court hearings and the Citizen Review Board process. Special emphasis will be placed on the importance of foster/adoptive parent and relative provider understanding of and participation in court proceedings. Workshop participant voice is needed and encouraged.

Empowering Children in Foster Care – Gillian Chachere and MacKenzie Taylor

Children in the foster care system can exhibit problematic behaviors and it has been noted that these behaviors can be traced to feelings of powerlessness and helplessness. Therapeutic groups at Morrison Center have been helping children to identify the behaviors and develop training for foster parents to work with the children. This model puts kids in the “expert chair,” asking them to help build a system in which their voices are heard. It helps them to connect to other foster kids’ experiences, letting them know that they are not alone.



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SESSION "C" WORKSHOPS 3:15 – 4:45 pm

Co-Parenting Roles and Issues with Incarcerated Parents – Joseph Crumbley

In this workshop, Joseph will discuss "when and when not" to involve incarcerated parents in visitations, contacts and co-parenting. He will identify the roles and responsibilities incarcerated parents have when it comes to their children. Lastly, he will delineate how incarcerated parents can assist in preventing their children from repeating family incarceration cycles.

Caring Dads: Helping Fathers Value their Children – Claire Crooks

Caring Dads is one of the first group intervention programs designed for men who have abused or neglected their children or exposed them to the abuse by their mothers. The Caring Dads program provides guidelines and activities for reaching four therapeutic goals of the program: engaging men; building child-centered, positive parenting; recognizing and countering abuse; and rebuilding trust with children. This session will explore the relevancy in which this program manual can assist a variety of professionals fill the gaps in the provision of services including those working in batterer intervention, children's mental health, or child protection agencies.

Diagnosis and Management of Failure to Thrive

– Dan Leonhardt

Dan Leonhardt will discuss the recognition and management of failure to thrive in both the inpatient and outpatient settings. Medical and psychosocial factors that often contribute to failure to thrive will be reviewed, as well as the key elements of a thorough history, which is an invaluable tool in helping establish the etiology of failure to thrive and directing further care. Case presentations will be used to illustrate how children may present to medical and child-welfare professionals, and how each child and family benefits from an interdisciplinary approach to this pediatric problem.

Trauma Informed Care 201 – Mandy Davis

This workshop will build on the content in Trauma Informed Care (TIC) 101. Mandy will begin by reviewing skills to engage populations who have experienced trauma. Participants will also identify ways to modify programs and policies to be more trauma informed. This workshop will emphasize skill development and participants will practice applying the content in small groups. (*prerequisite – participated in TIC 101 with the presenter in the past 18 months.)

A Measure for Cultural Specificity – Ray Shellmire

Social services agencies recognize that culturally and linguistically diverse populations have specific issues that are not being addressed by using decades-old practice models. The "system of care" approach to individualized services, requires all of us to pay attention to the unique characteristics of each person who comes to us for help. This workshop looks at 21st century practice principles that have expanded the notions of cultural competence and responsiveness to mean Cultural Sensitivity, Cultural Awareness, Cultural Appropriateness and Cultural Specificity.



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SESSION "C" WORKSHOPS 3:15 – 4:45 pm (cont.)

Preventing Sexual Abuse: Practical Information for Those Who Work with Them – Sally Blackwood

Many children in foster care have experienced sexual abuse; other children are sex abuse victims but haven't disclosed. Foster parents, DHS caseworkers and anyone who has contact with children are in a unique position to interrupt that cycle and prevent future abuse. This workshop combines information about sexual abuse dynamics, sex offender tactics, and trauma affects. Sally will discuss how children of different ages experience sexual abuse, how grooming affects children, and why kids don't tell. She will provide practical information about responding to tough questions about offenders, non-offending parents, and the court, as well as how to respond to a disclosure.

The Indian Child Welfare Act: Active Efforts Required – Nadja Jones

Several key best practice behaviors emerge for workers striving to improve outcomes for tribal children through the ICWA. This presentation will provide information and resources specific to ICWA practice, such as: (1) basic skills you need to be effective when working in Indian Child Welfare situations; (2) principles and skills for engaging tribal families; (3) case management practices that are ICWA compliant; and (4) cultural issues with regard to Indian Child Welfare.

T.I.P.S. (Trauma Informed Practice Strategies) for Caregivers – Linda Bello

Children entering the Child Welfare system are often traumatized by experiences of abuse and neglect. To make matters worse, the investigation of abuse allegations, removal of children from their homes and initial placement in substitute care can magnify the traumatic experience. This session will address the nature of trauma that results from child maltreatment. Strategies that caregivers can use to mitigate the traumatic experience of children will be explored.

Navigating Family Connections & Social Media – Toni Ferguson and Nicole Russell

This training will review helpful strategies for navigating family connections, offering ways to balance safety with a child's needs to connect with their "first" family. The training will summarize common challenges and roadblocks, along with potential impact of social media on family connections. Participants will gain tools and ideas to strengthen adoptive and guardianship families, while connecting to their child's history in a positive way.



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Shoulder to Shoulder 2012: Standing Together for Families 14th Annual Conference – Nov. 14, 2012 Registration Form

Online registration: www.stsconference.com –OR–
Mail-in registration (confirmed by e-mail):
Send check, made out to Children's Trust Fund of Oregon,
to: Shoulder to Shoulder, c/o Children's Trust Fund of Oregon
1785 NE Sandy Boulevard, Suite 270, Portland, Oregon 97232

Name: _____
Street Address: _____
City, State and Zip: _____
e-mail address: _____
Phone #: _____ Fax #: _____

Representation (circle all that apply): • Adoptive parent
• Foster parent • Attorney • CASA • CRB • DHS • OYA
• Education • Mental Health • Family • Court • Tribes
• Other: _____

Meal preference: non-vegetarian vegetarian

CONFERENCE REGISTRATION FEE:

\$60 prior to 10/31/12

\$80 after 11/1/12

Payment method:

- Check - register online or by mail when sending your check. If registering online, include a copy of your completed registration when mailing in payment.
- VISA/MC - Register online through PayPal

FOR SPECIAL ACCOMMODATIONS,

call 503-542-2301 or
email David:
david@stsconference.com

ATTENDEES WILL SELECT WHICH WORKSHOP TO ATTEND ON THE DAY OF THE CONFERENCE ON A FIRST-COME BASIS.

SCHOLARSHIPS AVAILABLE:

Apply through conference website:
<http://www.stsconference.com/scholarships> or
by e-mail: scholarships@stsconference.com.
Request must be received by 9/28/12; notification
by Monday, 10/15/12. If you do not receive a
scholarship, you will need to register and pay for
the conference.

LODGING INFORMATION:

Red Lion Hotel on the River
909 N Hayden Island Drive
Portland, Oregon 97217
Phone: 503-283-4466
www.redlionontheriver.com
COST: \$99 per night plus tax

PARKING:

Free at Red Lion

CONTINUING EDUCATION CREDITS (CEUs)

Continuing Education Credits are available for social workers, attorneys, and mental health professionals. The fee for the credits is \$25. Please indicate on your Registration Form that you are requesting Continuing Education Credits. Check in at the registration desk to ensure you are signed-up and paid to receive credits for conference attendance.

CEU/CLE Yes No

A certificate of attendance will be available to conference attendees who complete the conference evaluation/survey following the conference. This certificate of attendance is a non-accredited certificate, primarily for parents (foster, adoptive, and kinship parents) and paraprofessionals. CADC credits for drug and alcohol counselors will be available on the day of the conference. If you need a credentialed certificate, please see the description for Continuing Education Credits (CEUs).

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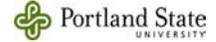
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